

FINAL PROGRAM



June 23 - 25, 2005
1st WORLD CONGRESS
 on Sports Injury Prevention
 Holmenkollen Park Hotel, Oslo, Norway

Wednesday June 22nd	
16.00 - 20.00	Holmenkollen Park Hotel > Registration
20.00	Welcome reception at the Holmenkollen Ski Museum > <i>Hosted by the Ministry of Culture and Church Affairs</i>
Thursday June 23 rd	
08.00 - 10.00	Holmenkollen Park Hotel > Registration
10.00 - 12.00	Saga Hall > 10.00-10.30 OPENING 10.30-11.15 KEYNOTE LECTURE: <i>Roald Bahr (Norway) & Lars Engebretsen (Norway)</i> : Sports injury prevention - the need for an evidence-based approach 11.15-12.00 KEYNOTE LECTURE: <i>Jan Ekstrand (Sweden)</i> : Looking back - 25 years in sports injury prevention
12.00 - 13.00	Exhibition & Poster Hall (Valhall) > LUNCH
	Saga Hall A/B > Saga Hall C > Auditorium A > Auditorium B & Jacob Vaage >

<p>13.00 - 16.00</p>	<p>SYMPOSIUM: Preventing ankle injuries Chair: <i>Jon Karlsson (Sweden)</i> 13.00-13.10 <i>Jon Karlsson</i>: What is the extent of the problem? 13.10-13.20 <i>Jan Ekstrand (Sweden)</i>: Historical perspectives on ankle ligament injuries 13.20-13.40 <i>Lars Konradsen (Denmark)</i>: Ankle inversion injury biomechanics as a guide for ankle injury prevention 13.40-14.00 <i>Bruce Beynnon (USA)</i>: Risk factors for ankle injuries 14.00-14.20 <i>Evert Verhagen (Netherlands)</i>: Prevention - how does balance training work? Evidence and practical aspects 14.20-14.40 <i>Roald Bahr (Norway)</i>: Prevention - how does bracing and tape work? Evidence and practical aspects 14.40-15.00 <i>Willem van Mechelen (Netherlands)</i>: The effect of bracing and taping on sports performance 15.00-15.10 <i>Ekstrand</i>: Future directions for ankle injury prevention research 15.10-16.00 <i>Karlsson, Ekstrand, Konradsen, Beynnon, Verhagen, Bahr, van Mechelen</i>: Panel discussion - Has research changed the incidence of ankle</p>	<p>SYMPOSIUM: Hockey injury prevention Chair: <i>Willem Meeuwisse (Canada)</i> 13.00-13.10 <i>Meeuwisse</i>: Introduction 13.10-13.40 <i>Brian Benson (Canada)</i>: Epidemiology of ice hockey injuries and mechanisms of injury 13.40-14.00 <i>William Roberts (USA)</i>: Injury prevention - Minor to intercollegiate hockey 14.00-14.20 <i>Yelverton Tegner (Sweden)</i>: Injury prevention - Swedish elite league 14.20-14.40 <i>Meeuwisse</i>: Injury prevention - National Hockey League 14.40-15.00 <i>Mark Aubry (Canada)</i>: Injury prevention - International Ice Hockey Federation 15.00-15.40 <i>Benson, Roberts, Tegner, Meeuwisse, Aubry</i>: Panel discussion - What is the best future target for injury prevention - player, equipment, behaviour, environment or rules?</p>	<p>FREE COMMUNICATIONS Chair: <i>Fredrik Bendiksen (Norway) & Kjersti Storheim (Norway)</i> 13.00-13.10 <i>M Karahan, U Akgün, Ç Tiryaki, B Erol, L Engebretsen (Turkey/Norway)</i>: Direction of load defines the handball goalie's elbow (abstract #85) 13.10-13.20 <i>BJ Gabbe, KL Bennell, R Branson (Australia)</i>: Does conditioning prevent hamstring injuries in Australian football? (#52) 13.20-13.30 <i>BJ Gabbe, CF Finch, KL Bennell, H Wajswelner, JW Orchard (Australia)</i>: Risk factors for hamstring injuries in Australian football (#53) 13.30-13.40 <i>K Knobloch, S Martin-Schmitt, M Jagodzinski, T Gossling, J Zeichen, C Krettek (Germany)</i>: Muscle injury prevention by proprioceptive training in elite female soccer (#90) 13.40-13.50 <i>AS McIntosh, TN Savage, JP Best, J Orchard (Australia)</i>: Rugby union injury surveillance study: Results from 2002-2003 (#102) 13.50-14.00 <i>U Fredberg, L Bolvig</i>: Prophylactic training reduces the frequency of jumper's knee but not Achilles tendinopathy (#50) 14.00-14.10 <i>BF Miller, JL Olesen, M Hansen, JA Barbraj, K Smith, MJ Rennie, M Kjaer (Denmark/UK)</i>:</p>	<p>WORKSHOPS Auditorium B > 13.00-13.55 <i>Grethe Myklebust (Norway, chair) & Odd-Egil Olsen (Norway)</i>: Practical knee injury prevention programs: The Oslo Sports Trauma Research Center program for team handball (workshop A) 14.00-14.55 <i>Giuliano Cerulli (Italy, chair), Auro Caraffa (Italy) & Piero Volpi (Italy)</i>: Practical knee injury prevention programs: The Italian way (football) (workshop B) 15.00-15.55 <i>Holly Silvers (USA, chair) & Tim Hewett (USA)</i>: Practical knee injury prevention programs: The US experience (Santa Monica PEP program & Cincinnati Children's DNA Training program) (workshop C) Jacob Vaage > 13.00-14.25 <i>M. Sarah Rose (Canada)</i>: Practical aspects of the statistical analysis of dependent data in sports (workshop D) 14.30-16.00 <i>Charles Kimmel (USA, chair) & Gene Elizabeth Verel (USA)</i>: Taping and bracing; an art work of prevention (NATA workshop) (workshop E)</p>
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Thursday June 23rd

	injuries?		Effect of female sex hormones on collagen synthesis in skeletal muscle and tendon in response to exercise (#105)	
16.00 - 16.30	Exhibition & Poster Hall (Valhall) > COFFEE BREAK			
	Saga Hall A/B >	Saga Hall C >	Auditorium A >	Auditorium B & Jacob Vaage >
16.30 - 18.30	<p>SYMPOSIUM: Preventing head and cervical spine injuries Chair: <i>Paul McCrory (Australia)</i></p> <p>16.30-16.35 <i>McCrory</i>: Introduction and overview</p> <p>16.35-16.45 <i>McCrory</i>: Who gets injured - the epidemiology and mechanisms of head and neck injury in sport</p> <p>16.45-17.05 <i>McCrory</i>: Can we prevent cervical spine injuries in sport?</p> <p>17.05-17.25 <i>Andrew McIntosh (Australia)</i>: Do helmets prevent head injury in sport?</p> <p>17.25-17.45 <i>Caroline Finch (Australia)</i>: What are the potential problems in introducing protective equipment?</p> <p>17.45-18.05 <i>Michael Turner (England)</i>: How to do it? The practicalities in establishing a head injury prevention program</p> <p>18.05-18.30 <i>McCrory, Finch, Turner, McIntosh</i>: Panel</p>	<p>SYMPOSIUM: Handball injury prevention Chair: <i>Gijs Langevoort (Netherlands)</i></p> <p>16.30-16.50 <i>Langevoort</i>: The injury panorama in handball - the case for injury prevention</p> <p>16.50-17.20 <i>Petra Platen (Germany)</i>: Injury prevention through improved referee fitness</p> <p>17.20-17.50 <i>Grethe Myklebust (Norway)</i>: Preventing ACL injuries in female handball players</p> <p>17.50-18.15 <i>Odd-Egil Olsen (Norway)</i>: A structured warm-up program to prevent knee and ankle injuries in youth handball</p> <p>18.15-18.30 <i>Langevoort, Platen, Myklebust, Olsen</i>: Panel discussion - Can handball injuries be prevented? What is the next step?</p>	<p>FREE COMMUNICATIONS Chairs: <i>Ingar Holme (Norway) & Tron Krosshaug (Norway)</i></p> <p>16.30-16.40 <i>E Cumps, D Van Dessel, A Winkelmans, K Verbeeck, R Meeusen (Belgium)</i>: Prevention of ankle sprains in basketball: effectiveness of a 22-week sports specific balance training programme on the incidence of ankle sprains (abstract #30)</p> <p>16.40-16.50 <i>J Hertel, TA Evans (USA)</i>: Postural control performance is not associated with increased risk of ankle sprain (#73)</p> <p>16.50-17.00 <i>CE Hiller, KR Refshauge, A Bundy, RD Herbert, SL Kilbreath (Australia)</i>: Validation of a tool for measuring functional ankle instability (#75)</p> <p>17.00-17.10 <i>E Scase, J Cook, M Makedissi, B Gabbe, L Shuck (Australia)</i>: Can a physical training program prevent injuries in elite junior Australian football? Evaluation of an injury prevention</p>	<p>WORKSHOPS Auditorium B ></p> <p>16.30-17.25 <i>Charles Kimmel (USA)</i>: The pre-participation sports physical exam (NATA workshop) (workshop F)</p> <p>17.30-18.30 <i>Mario Bizzini (Switzerland, chair) & Astrid Junge (Switzerland)</i>: An injury prevention program in amateur football: The F-MARC 11 (workshop G)</p> <p>Jacob Vaage ></p> <p>16.30-17.25 <i>Mark De Carlo (USA)</i>: Prevention of ankle injuries (IFSP Workshop) (workshop H)</p> <p>17.30-18.30 <i>Mark De Carlo (USA, chair) & Michael L Voight (USA)</i>: Prevention of shoulder injuries (IFSP Workshop) (workshop I)</p>

Thursday June 23rd

	discussion - do head and neck injury prevention strategies work in children and adults, community and elite sport? Are current prevention guidelines workable?		strategy (#121) 17.10-17.20 <i>D Brooks, A Spackman</i> (New Zealand): Is corporate sponsorship good for injury prevention initiatives in community sport? (#20) 17.20-17.30 <i>S Rose, C Emery, WH Meeuwisse</i> (Canada): Predictors of sport injury in adolescents (#120)	
18.45	Midsummer Night's Eve - On the Oslo Fjord > Buses depart from the Holmenkollen Park Hotel			

Friday June 24th

08.00 - 09.00	Saga Hall > KEYNOTE LECTURE: Gordon O. Matheson (USA): Prevention vs. Cure - the team physician perspective			
	Saga Hall A/B >	Saga Hall C >	Auditorium A >	Auditorium B & Jacob Vaage >
09.15 - 12.00	<p>SYMPOSIUM: Preventing knee ligament injuries</p> <p>Chair: <i>Bruce Beynnon (USA)</i></p> <p>09.15-09.40 <i>Robert Johnson (USA)</i>: The epidemiology of knee ligament injuries</p> <p>09.40-10.05 <i>Beynnon</i>: Review of knee ligament injury risk factors studies</p> <p>10.05-10.30 <i>Tron Krosshaug (Norway)</i>: Injury mechanisms in non-contact ACL injuries- what do we know?</p> <p>10.30-10.55 <i>Grethe Myklebust (Norway)</i>: Knee injury prevention studies in Norway</p> <p>10.55-11.20 <i>Tim Hewett (USA)</i>: New strategies for the prevention of ACL injuries</p> <p>11.20-12.00 <i>Beynnon, Johnson, Krosshaug, Myklebust, Hewett</i>: Panel discussion - What do we need to know and what research needs to be done?</p>	<p>SYMPOSIUM: Injury prevention in baseball & throwing sports</p> <p>Chair: <i>Michael Krogsgaard (Denmark)</i></p> <p>09.15-09.20 <i>Krogsgaard</i>: Introduction</p> <p>09.20-09.50 <i>David Janda (USA)</i>: Injuries in baseball and throwing sports - the extent of the problem</p> <p>09.45-10.10 <i>Krogsgaard</i>: Shoulder and scapula: neuromuscular precision - mechanisms and importance for injury prevention</p> <p>10.10-10.40 <i>Klaus Bak (Denmark)</i>: Shoulder instability in throwing sports - mechanisms and prevention. Traumatic shoulder injuries and their prevention</p> <p>10.40-11.10 <i>Peter Rheinlænder (Denmark)</i>: Shoulder and injury prevention</p> <p>11.10-11.40 <i>Janda</i>: Prevention of traumatic injuries in baseball and throwing sports</p> <p>11.40-12.00 <i>Krogsgaard, Janda, Bak, Rheinlænder</i>: Roundtable - Injury prevention in throwing sports</p>	<p>FREE COMMUNICATIONS</p> <p><i>Chairs: Arne Ekeland (Norway) & Stig Heir (Norway)</i></p> <p>09.15-09.25 <i>BW Benson, WH Meeuwisse (Canada)</i>: The risk of concussion associated with mouthguard use among professional ice hockey players (abstract #9)</p> <p>09.25-09.35 <i>R Braham, C Finch, A McIntosh, P McCrory (Canada)</i>: Community football players attitudes towards protective equipment (#16)</p> <p>09.35-09.45 <i>JHM Brooks, CW Fuller, SPT Kemp (UK)</i>: The incidence, severity and nature of cervical injuries in professional rugby union (#18)</p> <p>09.45-09.55 <i>S Gianotti, K Quarrie, W Hopkins (New Zealand)</i>: The prevention of serious injuries in New Zealand rugby union (#59)</p> <p>09.55-10.05 <i>S Sulheim, A Ekeland, R Bahr (Norway)</i>: Helmets reduce the risk of head injuries in alpine skiing disciplines and snowboarding (#131)</p>	<p>WORKSHOPS</p> <p>Auditorium B ></p> <p>09.15-10.45 <i>Jan Ekstrand (Sweden, chair), Astrid Junge (Switzerland), Colin Fuller (England), Thor Einar Andersen (Norway)</i>: Forum - Establishing guidelines for injury registration in elite football (workshop J)</p> <p>11.00-12.00 <i>Saakje Mulder (Netherlands, chair), Wieke Ormel (Netherlands) & Thomas Henke (Germany)</i>: International agreements on data collection and data analysis (workshop K)</p> <p>Jacob Vaage ></p> <p>11.00-12.00 <i>Charles Kimmel (USA)</i>: The pre-participation sports physical exam (NATA workshop) (workshop F - repeat)</p>

Friday June 24th

			10.05-10.15 <i>T Zazryn</i> , P Cameron, P McCrory (Australia): A prospective cohort study of injury risk factors in amateur and professional boxing (#149)	
12.00 - 13.00	Exhibition & Poster Hall (Valhall) > LUNCH			
13.00 - 14.00	Saga Hall > KEYNOTE LECTURE: <i>Caroline Finch (Australia)</i> : Research methods in sports injury prevention			
	Saga Hall A/B >	Saga Hall C >	Auditorium A >	Auditorium B >
14.15 - 16.15	<p>SYMPOSIUM: Prevention of alpine skiing and snowboarding injuries</p> <p>Chair: <i>Robert J. Johnson (USA)</i></p> <p>14.15-14.40 <i>Jasper Shealy (USA)</i>: Helmets, head injuries & death: epidemiologic evidence</p> <p>14.40-15.05 <i>Steinar Sulheim (Norway)</i>: Injury patterns and risk factors for injuries among skiers and snowboarders</p> <p>15.05-15.30 <i>Arne Ekeland (Norway)</i>: The importance of skiing/snowboarding ability in prevention of alpine skiing and snowboarding injuries</p> <p>15.30-15.55 <i>Bruce Beynnon (USA)</i>: Risk factors for knee ligament injuries in alpine skiers</p>	<p>SYMPOSIUM: Preventing hamstring Injuries</p> <p>Chair: <i>Geoffrey Verrall (Australia)</i></p> <p>14.15-14.20 <i>Verrall</i>: Introduction</p> <p>14.20-14.30 <i>Lars Engebretsen (Norway)</i>: Science of hamstring injury - Epidemiology and Pathophysiology</p> <p>14.30-14.40 <i>Per Aagaard (Denmark)</i>: Science of hamstring injury - Intrinsic muscle factors</p> <p>14.40-14.50 <i>Verrall</i>: Science of hamstring injury - risk factor assessment, imaging studies</p> <p>14.50-15.05 <i>Engebretsen</i>: Treatment and rehabilitation</p> <p>15.05-15.15 <i>Verrall</i>: Returning to sport - performance and timing</p> <p>15.15-15.25 <i>Aagaard</i>: Art of</p>	<p>SYMPOSIUM: Application of injury surveillance and risk management in sport</p> <p>Chair: <i>Randall W. Dick (USA)</i></p> <p>14.15-14.20 <i>Randall W. Dick</i>: Introduction</p> <p>14.20-14.30 <i>Colin Fuller (England)</i>: The role of risk management in evidence-based injury prevention</p> <p>14.30-14.55 <i>Randall W. Dick (USA)</i>: Application of injury surveillance to risk management in a sport association: The National Collegiate Athletic Association (NCAA) model</p> <p>14.55-15.20 <i>Steve Marshall (USA)</i>: Linking risk management and injury epidemiology - The experience of little league baseball in the United States</p>	<p>FREE COMMUNICATIONS</p> <p>Chairs: <i>Sverre Mæhlum (Norway) & Thor-Einar Andersen (Norway)</i></p> <p>14.15-14.25 <i>J Ekstrand</i>, M Hägglund, T Timpka (Sweden): Artificial turf vs natural grass. Is there a difference in injury risk? (abstract #34)</p> <p>14.25-14.35 <i>CA Emery</i>, WH Meeuwisse, S Hartmann (Canada): A comparison of risk factors for injury in indoor and outdoor soccer (#37)</p> <p>14.35-14.45 <i>AH Engebretsen</i>, G Myklebust, I Holme, L Engebretsen, R Bahr (Norway): Prevention of injuries among male football players - a prospective, randomized intervention study targeting players with previous injuries or reduced function (#42)</p> <p>14.45-14.55 <i>O Faude</i>, A Junge, W</p>

Friday June 24th

	<p>15.55-16.15 <i>Shealy, Sulheim, Ekeland, Beynnon</i>: Panel discussion: Where do we go from here?</p>	<p>prevention - from the laboratory 15.25-15.35 <i>Arni Arnason (Iceland)</i>: The Icelandic/Norwegian hamstring injury prevention program 15.35-15.45 <i>Verrall</i>: The Australian rules hamstring injury prevention program 15.45-16.15 <i>Aagaard, Arnason, Engebretsen, Verrall</i>: Panel discussion - Can hamstring injuries be prevented? What is the optimum program? Can better rehabilitation prevent reinjuries?</p>	<p>15.20-15.45 <i>Colin Fuller (England)</i>: Risk management in evidence-based injury prevention - Examples from professional soccer and rugby 15.45-16.15 <i>Dick, Marshall, Fuller, Caroline Finch, Willem Meeuwisse</i>: Panel discussion - Practical applications of risk management to sport</p>	<p>Kindermann, J Dvorak (Germany/Switzerland): Injuries in elite female soccer players (#45) 14.55-15.05 <i>M Hägglund, M Waldén, J Ekstrand (Sweden)</i>: Decreased re-injury rate in football players with controlled rehabilitation (#66) 15.05-15.15 <i>M Hägglund, M Waldén, J Ekstrand (Sweden)</i>: Injury prediction in professional football (#67) 15.15-15.25 <i>J AgeI, E Arendt, B Bershinsky (USA)</i>: Hormonal therapy and ACL injury (abstract #1)</p>
<p>16.15 - 16.45</p>	<p>Exhibition & Poster Hall (Valhall) > COFFEE BREAK</p>			
	<p>Saga Hall A/B ></p>	<p>Saga Hall C ></p>	<p>Auditorium A ></p>	<p>Auditorium B ></p>
<p>16.45 - 18.45</p>	<p>SYMPOSIUM: Prevention of alpine skiing and snowboarding injuries (cont.) 16.45-17.10 <i>Stig Heir (Norway) & Tron Krosshaug (Norway)</i>: Mechanisms for serious knee injuries among elite freestyle skiers 17.10-17.35 <i>Johnson</i>: The ACL injury in alpine skiing and its prevention 17.35-18.00 <i>Carl Ettlinger (USA)</i>: Ski-boot-binding function and its relationship to lower extremity injuries</p>	<p>SYMPOSIUM: Volleyball injury prevention Chair: <i>Jonathan C. Reeser (USA)</i> 16.45-16.50 <i>Reeser</i>: Introduction 16.50-17.10 <i>William W. Briner (USA)</i>: The epidemiology of volleyball injuries 17.10-17.30 <i>Evert Verhagen (Netherlands)</i>: Prevention of ankle injuries 17.30-17.50 <i>Roald Bahr (Norway)</i>: Prevention of knee injuries 17.50-18.10 <i>Reeser</i>: Prevention of shoulder injuries</p>	<p>WORKSHOPS 16.45-17.40 <i>Mario Bizzini (Switzerland, chair) & Astrid Junge (Switzerland)</i>: An injury prevention program in amateur football: The F-MARC 11 (workshop G - repeat) 17.45-18.45 <i>Per Hölmich (Denmark, chair) & Odd-Egil Olsen (Norway)</i>: Running a randomized prevention study: Pitfalls and problems (workshop L)</p>	<p>WORKSHOPS 16.45-17.40 <i>Paul McCrory (Australia)</i>: Neuropsychological testing in concussion (workshop M) 17.45-18.45 <i>Paul McCrory (Australia)</i>: Pre-participation assessment for concussion (workshop N)</p>

Friday June 24th

18.00-18.25 *Veit Senner (Germany)*: Safety standards in ski rental and measures to improve it

18.25-18.45 *Heir, Krosshaug, Johnson, Ettlinger, Senner*: Panel discussion - where do we go from here?

18.10-18.30 *Tor Inge Askeland (Norway)*: Injury prevention from a coaching perspective

18.30-18.45 *Briner, Verhagen, Bahr, Askeland, Reeser*: Panel discussion - Practical considerations in the prevention of volleyball injuries

20.00

Saga Hall >

The Banquet

Hosted by Norsk Tipping AS

Saturday June 25th

08.00 - 09.00	Saga Hall > KEYNOTE LECTURE: <i>Jiri Dvorak (Switzerland)</i> : Development and implementation of an injury prevention program in soccer - a global undertaking			
	Saga Hall A/B >	Saga Hall C >	Auditorium A >	Auditorium B & Jacob Vaage >
09.15 - 12.00	<p>SYMPOSIUM: Preventing lower limb overuse injuries - Mission impossible?</p> <p>Chair: <i>Karim Khan (Canada)</i></p> <p>09.15-09.40 <i>Khan</i>: The gap in athlete care - Why isn't research implemented in practice?</p> <p>09.40-10.10 <i>Michael Kjær (Denmark)</i>: Preventing tendinopathies</p> <p>10.10-10.40 <i>Peter Magnusson (Denmark)</i>: Musculoskeletal stretching - the panacea?</p> <p>10.40-11.10 <i>Willem van Mechelen (Netherlands)</i>: Preventing lower limb overuse injuries - What works, what doesn't?</p> <p>11.10-11.25 <i>Khan</i>: The gap in athlete care - Why isn't the research implemented in practice?</p> <p>11.25-12.00 <i>Khan, Bennell, Magnusson, Kjær, van Mechelen</i>: Panel discussion: Blue skies - What is needed to make quantum leaps forward?</p>	<p>SYMPOSIUM: Football (soccer) injury prevention</p> <p>Chair: <i>Thor Einar Andersen (Norway)</i></p> <p>09.15-09.35 <i>Jan Ekstrand (Sweden)</i>: What is the extent of the injury problem?</p> <p>09.35-09.55 <i>Astrid Junge (Switzerland)</i>: Risk factors in football</p> <p>09.50-10.05 <i>Thor Einar Andersen</i>: Injury mechanisms in football</p> <p>10.05-10.20 <i>Bert Mandelbaum (USA)</i>: A critical appraisal of the scientific basis for injury prevention in football</p> <p>10.20-10.35 <i>Mario Lafortune (USA)</i>: The risk of football injuries can be reduced by footwear design</p> <p>10.35-10.50 <i>Colin Fuller (England)</i>: Future directions for evidence-based sports injury prevention research</p> <p>10.50-11.05 <i>Luis Serratos (Spain)</i>: A practical approach to injury prevention - The Real Madrid experience</p>	<p>SYMPOSIUM: Injury prevention at the community level</p> <p>Chair: <i>Caroline Finch (Australia)</i></p> <p>09.15 -09.25 <i>Finch</i>: Community sports injury prevention - is it so different?</p> <p>09.25-09.45 <i>Claude Goulet (Canada)</i>: Lessons learned from 25 years of involvement in safety promotion in sports - The experience of the government of Québec</p> <p>09.45-10.05 <i>Patria Hume (New Zealand)</i>: The New Zealand Sport Smart injury prevention programme</p> <p>10.05-10.25 <i>Alex Donaldson (Australia)</i>: Are community clubs practicing what we preach? - The sports safety policies and practices of community sports clubs in Sydney, Australia</p> <p>10.25-10.45 <i>Børge Ytterstad (Norway)</i>: Sports injury prevention at the community level - Experiences from a Norwegian WHO Safe Community</p> <p>10.45-12.00 Questions and open</p>	<p>WORKSHOPS</p> <p>Auditorium B ></p> <p>09.15-10.15 <i>Grethe Myklebust (Norway, chair) & Odd-Egil Olsen (Norway)</i>: Practical knee injury prevention programs: The Oslo Sports Trauma Research Center program for team handball (workshop A - repeat)</p> <p>10.30-12.00 <i>M. Sarah Rose (Canada)</i>: Practical aspects of the statistical analysis of dependent data in sports (workshop D - repeat)</p> <p>Jacob Vaage ></p> <p>10.30-12.00 <i>Romain Meeusen (Belgium, chair), Randall W. Dick (USA), Willem Meeuwisse (Canada), Elke Cumps (Belgium) & Evert Verhagen (Netherlands)</i>: Internet-based registration of sports-related injuries (workshop O)</p>

Saturday June 25th

		11.05-12.00 <i>Andersen, Ekstrand, Lafortune, Junge Mandelbaum, Serratos, Fuller</i> : Panel discussion - how do we implement this knowledge into the team's training program?	discussion	
12.00 - 13.00	Exhibition & Poster Hall (Valhall) > LUNCH			
	Saga Hall A/B >	Saga Hall C >	Auditorium A >	Auditorium B & Jacob Vaage >
13.00 - 15.00	<p>SYMPOSIUM: Preventing groin injuries</p> <p>Chair: <i>Per Hölmich (Denmark)</i></p> <p>13.00-13.10 <i>Per Hølmich</i> Introduction</p> <p>13.10-13.30 <i>Jan Ekstrand (Sweden)</i>: Epidemiology of groin injuries</p> <p>13.30-13.50 <i>Geoffrey Verrall (Australia)</i>: Groin pain - where is the pathology?</p> <p>13.50-14.10 <i>Carolyn Emery (Canada)</i>: Risk factors for groin injuries</p> <p>14.10-14.30 <i>Per Hölmich</i>: Preventing groin injuries - a critical appraisal of groin injury prevention</p> <p>14.30-14.40 <i>Per Renström (Sweden)</i>: Future directions for groin injury prevention research</p>	<p>SYMPOSIUM: Basketball injury prevention</p> <p>Chair: <i>Elizabeth Arendt (USA)</i></p> <p>13.00-13.10 <i>Arendt</i>: Epidemiology of basketball injuries</p> <p>13.10-13.20 <i>James Slauterbeck (USA)</i>: ACL Injuries in basketball - mechanisms of Injuries</p> <p>13.20-13.40 <i>John Bergfeld (USA)</i>: Ankle sprains in basketball, does intervention prevent Injury?</p> <p>13.40-14.00 <i>Mario Lafortune (USA)</i>: Footwear in basketball, can it help prevent injury?</p> <p>14.00-14.20 <i>Arendt</i>: Patella and overuse Injuries, part of the game?</p> <p>14.20-14.40 <i>Slauterbeck</i>: Review of existing intervention programs for basketball injuries</p> <p>14.40-15.00 <i>Arendt, Slauterbeck, Lafortune, Bergfeld</i>: Summary and Discussion</p>	<p>FREE COMMUNICATIONS</p> <p><i>Chairs: Lars Engebretsen (Norway) & Odd-Egil Olsen (Norway)</i></p> <p>13.00-13.10 <i>S Heir, T Krosshaug, A Ekeland (Norway)</i>: The incidence and trends of ACL injuries in World Cup freestyle skiing during a 10 year period (#70)</p> <p>13.10-13.20 <i>T Hewett, G Myer, K Ford, K Wanstrath, M Scheper (USA)</i>: Sex differences in hip adduction motion and torque in collegiate athletes (#74)</p> <p>13.20-13.30 <i>K Kitaoka, Y Maruhashi, R Nakamura, A Okano, T Tsuyama, Y Shima, K Tomita (Japan)</i>: Configuration of the tibial lateral condyle as an intrinsic risk factor for a non-contact anterior cruciate ligament injury (#89)</p> <p>13.30-13.40 <i>T Krosshaug, JR Slauterbeck, R Bahr (Norway)</i>: Three-dimensional biomechanical analysis of non-contact ACL</p>	<p>WORKSHOPS</p> <p>Auditorium B ></p> <p>13.00-14.30 <i>John Anderson (Australia, chair), David Janda (USA), Claude Goulet (Canada), Darrin Goulding (New Zealand) & Fredrik Bendiksen (Norway)</i>: Forum - Sports injury prevention - who pays the bills? (workshop P)</p> <p>Jacob Vaage ></p> <p>13.00-14.30 <i>Romain Meeusen (Belgium, chair), Randall W. Dick (USA), Willem Meeuwisse (Canada), Elke Cumps (Belgium) & Evert Verhagen (Netherlands)</i>: Internet-based registration of sports-related injuries (workshop O - repeat)</p>

Saturday June 25th

	<p>14.40-15.00 <i>Hölmich, Ekstrand, Verrall, Emery, Renström</i>: Panel discussion - Future research needs</p>		<p>injuries (#93)</p> <p>13.40-13.50 GD Myer, KR Ford, <i>LB Jensen</i>, EH Timothy, E Hewett (USA): The effects of plyometric versus dynamic balance training on landing force and center of pressure stabilization in female athletes (#108)</p> <p>13.50-14.00 <i>G Myklebust</i>, R Bahr (Norway): Alarming increase in ACL injuries among female team handball players after the end of successful intervention study - a two-year follow-up (#109)</p> <p>14.00-14.10 <i>J Parkkari</i>, H Haapasalo, P Kannus, M Palvanen, A Natri, M Järvinen (Finland): Active living and risk of knee injuries (#117)</p>	
<p>15.00 - 15.30</p>	<p>Exhibition & Poster Hall (Valhall) > COFFEE BREAK</p>			
	<p>Saga Hall A/B ></p>	<p>Saga Hall C ></p>	<p>Auditorium A ></p>	<p>Auditorium B ></p>
<p>15.30 - 17.30</p>	<p>SYMPOSIUM: Preventing spine injuries Chair: <i>Jo Hannafin (USA)</i> 15.30-15.50 <i>Kjersti Storheim (Norway)</i>: Low back pain - an occupational hazard for elite athletes? 15.50-16.10 <i>Timothy Hosea (USA)</i>: Biomechanics of repetitive overload to the lumbar spine</p>	<p>SYMPOSIUM: Racquet sports injury prevention Chair: <i>Per Renström (Sweden)</i> 15.30-15.40 <i>Renström</i>: Tennis - what a game 15.40-15.50 <i>Renström</i>: Risk factors for injury in the lower extremity 15.50-16.10 <i>Babette Pluim (Netherlands)</i>: Prevention of shoulder injuries</p>	<p>SYMPOSIUM: Methodology of sport injury registration: What are the key pieces of the puzzle? Co-chair: <i>Willem Meeuwisse (Canada) & Caroline Finch (Australia)</i> 15.30-15.50 <i>David Chalmers (New Zealand)</i>: What is the objective? - Surveillance vs project-based registration 15.50-16.10 <i>Finch</i>: Surveillance</p>	<p>WORKSHOPS Auditorium B > 15.30-16.25 <i>Giuliano Cerulli (Italy, chair), Auro Caraffa (Italy) & Piero Volpi (Italy)</i>: Practical knee injury prevention programs: The Italian way (football) (workshop B - repeat) 16.30-17.35 <i>Holly Silvers (USA, chair) & Tim Hewett (USA)</i>: Practical knee injury prevention programs: The US experience (Santa Monica PEP)</p>

Saturday June 25th

	<p>16.10-16.30 <i>Allison McGregor (England)</i>: Is spine injury in rowing preventable?</p> <p>16.30-16.50 <i>Leif Swärd (Sweden)</i>: Physical training and thoracolumbar spine injury in young athletes - focus on prevention</p> <p>16.50-17.10 <i>Robert Cantu (USA)</i>: Catastrophic spine injury in American football - effect of athlete education and rule changes</p> <p>17.10-17.30 <i>Storheim, Hosea, McGregor, Swärd</i>: Panel discussion - Future goals for spine injury prevention research</p>	<p>16.10-16.30 <i>Uffe Jörgensen (Denmark)</i>: Traumatic injuries in badminton. Can Achilles tendon injury be prevented?</p> <p>16.30-16.50 <i>Tönu Saartok (Sweden)</i>: Playing every day - how do you recover?</p> <p>16.50-17.00 <i>Renström, Pluim, Jörgensen, Saartok</i>: Panel discussion - where do we go from here?</p>	<p>and data collection methods in different populations</p> <p>16.10-16.25 <i>Roald Bahr (Norway)</i>: What is an injury? - Reporting definition vs. injury definition</p> <p>16.25-16.40 <i>Meeuwisse</i>: Key components of collection and classification of injuries</p> <p>16.40-17.00 <i>Sarah Rose (Canada)</i>: Understanding the data: best practice for multivariate analysis</p> <p>17.00-17.30 <i>Chalmers, Finch, Bahr, Meeuwisse, Rose</i>: Panel discussion - Establishing consistent methods of sport injury registration</p>	<p>program & Cincinnati Children's DNA Training program) (workshop C - repeat)</p> <p>Jacob Vaage ></p> <p>15.30-17.00 <i>Charles Kimmel (USA, chair) & Gene Elizabeth Verel (USA)</i>: Taping and bracing; an art work of prevention (NATA workshop) (workshop E - repeat)</p>
<p>17.30 - 18.15</p>	<p>Saga Hall ></p> <p>KEYNOTE LECTURE: Willem Meeuwisse (Canada): Where do we go from here?</p>			
<p>18.15 - 18.30</p>	<p>CLOSING</p>			